# ACR Accreditation: A Regional Radiation Oncology Network's Quest

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The following aspects, as they relate to preparation for ACR Accreditation will be presented:

- Organization and Implementation of Continuous Quality Improvement
- Practice Assessment: ACR guidelines, ASTRO Guidelines, and TG Reports
- Establishment and/or refinement of the Comprehensive QA Program
- Metrics and the Quality Improvement Team



# A fundamental commitment to high quality care.



# High Point, NC – WFU Regional Practice

- Received ACR Accreditation in March 2009
- 1 of only 3 North Carolina facilities accredited in 2009, the total now stands at 6
- Clinical Practice included:
  - IMRT
  - IGRT delivery
  - HDR Brachytherapy
  - LDR Brachytherapy



Wake Forest decided in 2011 to seek ACR Accreditation of its Comprehensive Cancer Center and all 4 of its Regional Practices.

# Academic center

- Gamma Knife
- SRS, SBRT, IGRT, IMRT (sliding window and VMAT)
- HDR & LDR Brachytherapy
- Independent Regional Practice
  - Local Facility Management
  - Independent Budgets
  - Clinical Practice specific to referral base



What is the vision for our practice as it relates to quality and quality improvement?

What structure will work best?

Do we currently practice according to <u>all</u> ACR - ASTRO Practice Guidelines?



Two decisions were made that provided some direction in addressing these questions.

- 1. An overall practice quality improvement structure that emphasized standardization, accountability, and evaluation using metrics would be necessary.
- 2. Each practice would be evaluated using the criteria put forth in ACR, ASTRO, and AAPM practice and/or technical guidelines.



# **Impossible Expectations**



# **Successful Team**



# WFU CQI Committee



WFU Continuous Quality Improvement Committee

WFU Radiation Therapy Department: Standard Technical Procedures

Regi Ir

Regional Practice Quality Improvement Team



# WFU Continuous Quality Improvement(CQI) Committee

Medical Director & CQI Committee Co-Chair

CQI Committee Co-Chair (Physicist)

Chief of Clinical Physics

**Chief Radiation Therapist** 

Administrative Director

Physician leadership is critical to the success of the initiative.





**Medical Director of Practice** 

**Chief Physicist** 

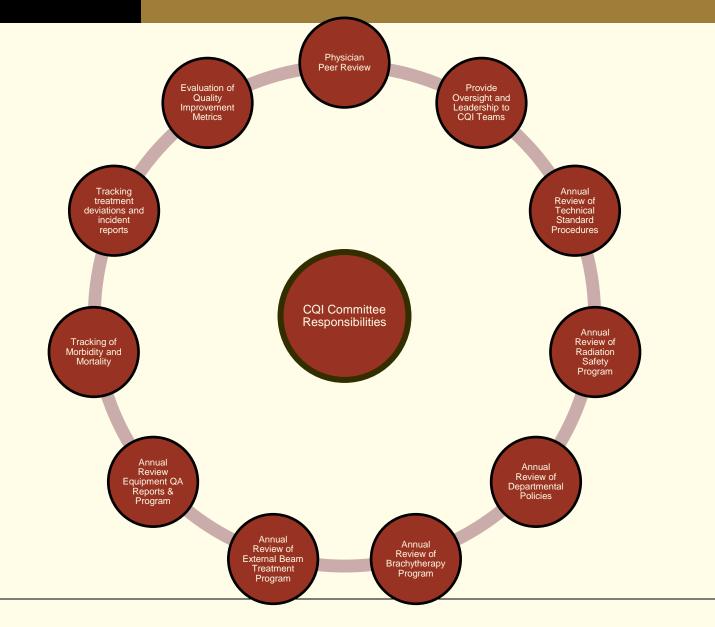
**Chief Radiation Therapist** 

**Administrative Director** 

Physician leadership is critical to the success of the initiative.

#### **Wake Forest**<sup>™</sup> School of Medicine

# **Quality Improvement Program Structure**





WFU Continuous Quality Improvement Committee

WFU Radiation Therapy Department: Standard Technical Procedures



Regional Practice Quality Improvement Team



# Practice Self Assessment



# What is the ACR Self Assessment?

The self assessment is a questionnaire that reviews all aspects of radiation oncology practice based upon the current ACR practice and technical guidelines, ASTRO guidelines, and AAPM Task Group Reports.



- Radiation Oncology Practice Guidelines
- 3D Conformal Treatment Practice Guidelines
- IMRT Practice Guidelines
- IGRT Practice Guidelines
- SRS Practice Guidelines
- SBRT Practice Guidelines
- LDR Practice Guidelines
- HDR Practice Guidelines



#### **Practice Assessment**

#### American College of Radiology

These questions are based on recommendations frequently made to facilities by the ACR Radiation Oncology Practice Accreditation Program Committee.			
Assessment Element	Yes	No, Explain	Reviewer's Comments
1A.			The second se
Treatment prescriptions are signed by the radiation	12,250	2015 0 6 4	
oncologist prior to initiation of radiation therapy.			
1B			
Treatment prescriptions include:	0.000		
Volume			
Description of portals (i.e., AP, PA, lateral, etc.)			
Radiation modality			
Dose per fraction			
Number of fractions per day			
Number of fractions per week			
Total number of fractions			
Total tumor dose			
Prescription point or isodose			
2A.			
Portal verification films/images are performed:			
For any new fields (including field changes)			
At least every 5-10 treatments			
2B.			
All port films/images are labeled with:			
The patient's name			
Date taken			
Field size			
Direction of the beam			
Reviewing Radiation Oncologist's initials/signature and			
date			
3.			
At the completion of treatment, the qualified medical			
physicist reviews the entire chart to affirm the fulfillment of			
the initial and/or revised prescription dose. The review is			
documented by the physicist's initials/signature and date.		_	



- Facility physicist, physician, and administrator completed the self assessment document.
- We reviewed the facility results and clarified some of the questions contained in the self assessment.
- Collectively determine which areas were compliant and where additional work is required.



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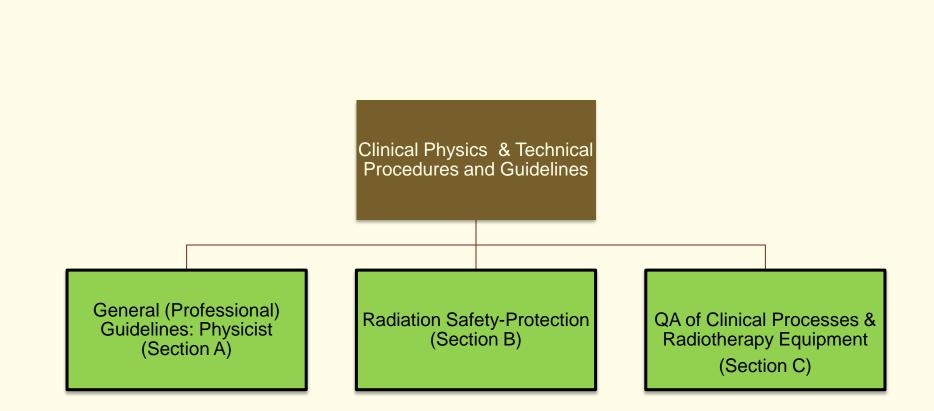
Regional Practice Quality Improvement Team



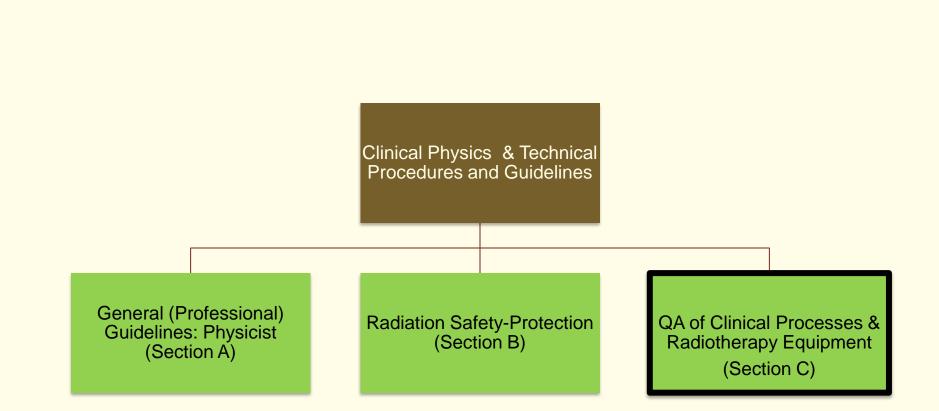
# WFU Radiation Therapy Department: Standard Technical Procedures

Departmental Policies & Guidelines Clinical Physics & Technical Procedures and Guidelines



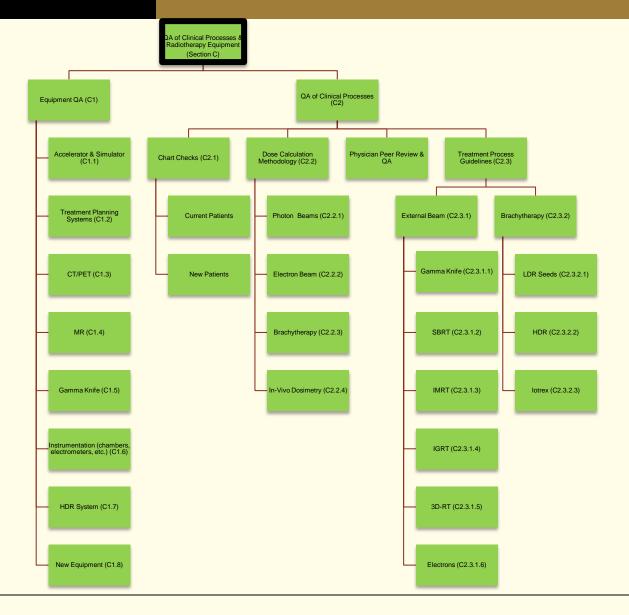






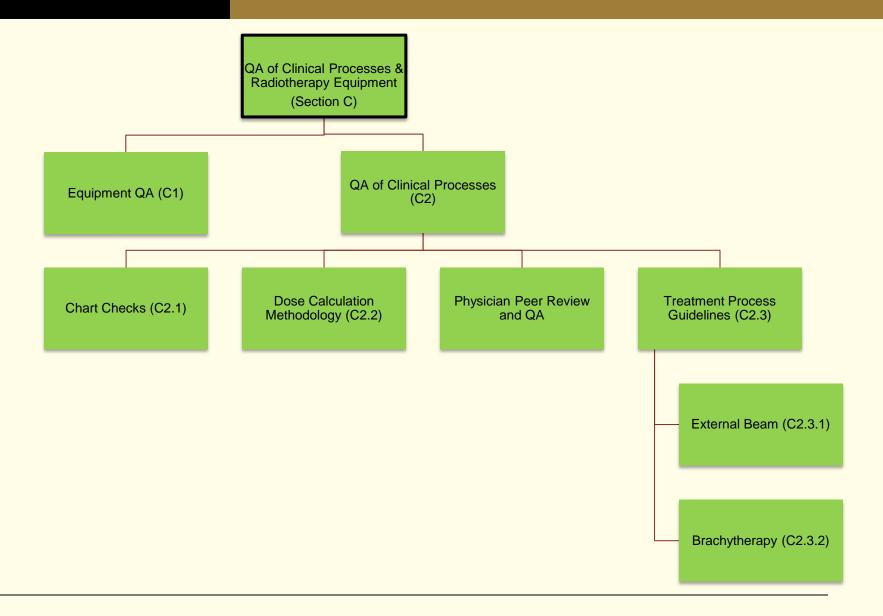


# **Review of Standard Technical Procedures**





# Review of Standard Technical Procedures





# **Quality Improvement Program Structure**

WFU Continuous Quality Improvement Committee

WFU Radiation Therapy Department: Standard Technical Procedures

Regional Practice Quality Improvement Team

### What is the time commitment required?

It depends on your size and clinical techniques in your practice.



Each clinical area (nursing, physics/dosimetry, therapist, & physician) should have ongoing projects to track critical aspects of treatment.

- Total time from simulation to plan approval
- Magnitude of daily shifts for IGRT patients
- Number of therapist logged on at the time of patient treatment
- Magnitude of setup deviation from plan values on the first day of treatment
- Measured dose deviation from plan dose during IMRT QA by body site or delivery technique



# Accreditation should be the result of a fundamental commitment to high quality care.



**Thank You!** ¡Gracias! **Grazie!** Merci! Asante! Vielen Dank!